



Total Fitness Connection - 2012 - Jan - Feb - Mar



Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30							
8:00				 <i>Bell's & Ball's</i>			
8:30							
9:00							
9:30			Specialty Class				
5:00							
5:00						Specialty class	
6:00							
7:00							

All Classes are Subject to Change

Gym	Hours	Babysitting	Month	Specialty Class	Closed Holidays
Mon-Thurs	7am-8pm	8-11:30 & 4:30- 8	March		Closed New Years Day
Friday	7am-7pm	8-11:30 & 4:30- 7	Tues 9:00		
Saturday	7am-12pm	8am-11:30 am	Friday 5:00		
Sunday	8am-11am				

Rotating Classes for Wed @ 8am

Class	<i>Bell's & Ball's</i>	
Jan		4,11,18,25
Feb	1,8,15,22,29	
Mar		7,14,21,28

